



BE AN ALLY

Here are 5 simple tips that help you advocate for people with disabilities.

EMPOWER

Help elevate the voices of people with disabilities.

INCLUDE

Work to remove barriers—both physical and social.

GUIDE

Offer help accessing essential services, like healthcare or education.

SUPPORT

Share resources, listen, and show up for one another.

IMPACT

Your advocacy matters—keep the momentum of change going



Learn more here or visit
TreatPeopleLikePeople.org