WHO DECIDES?

A QUIZ ON RIGHTS, RISK, AND CARE.

Self-determination, Dignity of Risk, and Duty of Care all work together and often overlap in real life. Read each situation and choose which concept fits best.

Self-Determination means people can make choices about what they want and what matters to them.

Dignity of Risk means people have the right to try new things, make mistakes, and take risks.

Duty of Care means staff and support persons must take reasonable steps to keep people safe.

1. **Maria wants to live alone. Her support team asks Maria what kind of home she wants and what help she may need. The team is honoring Maria's...**

   A) Self-Determination
   B) Dignity of Risk
   C) Duty of Care

2. **James sees a loose rail at a client's home. He reports it and makes sure it gets fixed. James is acting on his...**

   A) Self-Determination
   B) Dignity of Risk
   C) Duty of Care

3. **Keisha wants to go on a date. Her family worries that she may get her feelings hurt. Keisha knows but still wants to try dating. That's her...**

   A) Self-Determination
   B) Dignity of Risk
   C) Duty of Care

4. **David wants to get a job, learn to ride the bus, and spend more time with friends. His support team helps him make a plan to reach his goals. The team respects David's right of...**

   A) Self-Determination
   B) Dignity of Risk
   C) Duty of Care

5. **Paula, who uses a wheelchair, wants to go outside alone. Her caretaker sees that the ramp is covered in ice. They clear the ice before Paula goes outside. The caretaker is fulfilling their...**

   A) Self-Determination
   B) Dignity of Risk
   C) Duty of Care

6. **Leon wants to learn how to cook. His caregiver teaches him how to use the stove safely and lets Leon make his own meal. That grants Leon the...**

   A) Self-Determination
   B) Dignity of Risk
   C) Duty of Care

7. **A supported living program asks each person what time they want to get up, what meals they like, and how they want staff to talk with them. The program acknowledges the residents' right of...**

   A) Self-Determination
   B) Dignity of Risk
   C) Duty of Care